

ZEEA'S

EATERY

MEET EAT DRINK ♥

All Day Breakfast

EGGS ON TOAST / 13

Two all-natural eggs your way (poached, fried, or scrambled) on toasted ciabatta + Your extras

SMASHED AVOCADO (VEG / VO) / 22

Seeded sourdough, smashed avocado, two poached eggs, cherry tomatoes, crumbled feta, dukkha, olive oil, lemon

VO: Swap feta for roasted mushrooms

GRANDE / 27

Ciabatta with two all-natural eggs your way (poached, fried, or scrambled) with roasted mushroom, grilled tomato, avocado, crispy bacon, Italian sausage, spinach and two hash browns

BREAKFAST BRUSCHETTA / 22

Ciabatta with caramelized onion, two poached eggs, grilled tomato and crispy bacon topped with rocket, balsamic glaze, and shaved parmesan

FUEL ME UP BURGER / 16

Toasted milk bun with a fried egg, crispy bacon, hash brown, double cheese and BBQ sauce

EGGS BENNY / 22

Freshly toasted croissant topped with 2 poached eggs, sautéed spinach and hollandaise sauce, with your choice of crispy bacon or haloumi + Salmon 2

OMELETTE / 16

Build your own omelette / All natural eggs with your choice of additions served with ciabatta toast

- | | | |
|-------------|---------------------|--------------------|
| + Cheese 1 | + Cherry Tomatoes 1 | + Onion 1 |
| + Spinach 1 | + Mushrooms 1 | + Roast Capsicum 1 |
| + Ham 2 | + Bacon 2 | |

WAFFLES / 21

ZeeA's waffle stack, served with strawberries, mascarpone and maple syrup

MUESLI BOWL (VEG / VO) / 16

Berry crunch muesli with natural yoghurt and fresh berries + Your choice of milk

T&M FRUIT BOWL (VEG/VO) / 17

Mix of seasonal fruit topped with yoghurt and honey

FUNGO MAGICO (VEG) / 22

Seeded sourdough with fresh hummus, sautéed spinach two poached eggs, grilled asparagus, roasted mushrooms and dukkha + Crispy Bacon 4

Your Extras

TOAST & CONDIMENTS / 8

Two slices of toast served with butter + Your choice of condiments.

TOAST	CONDIMENTS
+ Ciabatta	+ Honey
+ Seeded Sourdough	+ Apricot Jam
+ Raisin Toast	+ Blueberry Jam
+ GF Toast / 3	+ Strawberry Jam
+ White Sliced	+ Vegemite
+ Wholemeal Sliced	+ Nutella

Cold Pressed Juice

TROPICALE / 9

Strawberry, pineapple, watermelon

REFRESH / 9

Orange, apple, carrot, ginger, lemon

GREEN LEMONADE / 9

Apple, cucumber, kale, spinach, lemon

For custom juices please ask our friendly team!

Smoothies

+ 50c for Alternative Milks

Almond / Oat / Macadamia / Soy / Coconut / Zymil

BANANAS / 9

Banana, vanilla gelato, natural yoghurt and honey

BERRY NICE / 9

Mixed berries, banana, natural yoghurt and honey

PROTEIN CHOC PEANUT / 9

Natural peanut butter, plant based choc protein powder (V), maple syrup and banana

Frappees & Milkshakes

SMALL 5 / LARGE 9 Make it a thickshake +1

Chocolate / Banana / Caramel / Strawberry

Lime / Vanilla / Mocha / Coffee

ICED CHOCOLATE / 9

Chocolate gelato, tweedvale full cream milk, chocolate powder, chocolate sauce

ICED COFFEE / 9

Vanilla gelato, tweedvale full cream milk, double espresso, vanilla syrup

VEG: Vegetarian VO: Vegan Option
GF: Gluten Free GFO: Gluten Free Option

GLENUNGA 8338 4033 BRICKWORKS 8443 4352
GOLDEN GROVE 8289 2001



EST 1978
TONY & MARK'S
A FAMILY TRADITION

Hand Helds

STEP 1: CHOOSE YOUR BREAD:

FOCACCIA
WRAP

WHOLEMEAL BREAD
GLUTEN FREE BUN / 3

FRESH OR TOASTED

STEP 2: CHOOSE YOUR FILLINGS:

BREKKY / 15

Scrambled egg, crispy bacon, baby spinach, cheese, and BBQ sauce

O.G TURKEY / 15

Smoked turkey, cranberry sauce, roasted capsicum, camembert cheese and baby spinach

CHICKEN / 15

Crumbed or grilled chicken, tomato, avocado, lettuce, mozzarella, relished mayo

TURKEY ITALIANO / 15

Smoked turkey, sundried tomato, bocconcini, wild rocket and basil pesto

VEGETARIAN / 15

Roasted pumpkin, roasted capsicum, grilled eggplant, fetta, wild rocket, and basil pesto.

HAM / 15

Leg Ham, sliced tomato, cheese, mixed lettuce, avocado, Spanish onion, and mayo

TUNA / 15

Sirena Tuna, sliced tomato, avocado, cucumber, gherkin, lettuce, and mayo

B.L.A.T / 15

Crispy bacon, lettuce, avocado, tomato, mayo

SALMON / 16

Smoked salmon, cream cheese, capers, Spanish onion, and baby spinach

+ Add Basket of
Potato Chips / 3

Burgers & Mains

MICKY C'S BURGER / 18

Beef patty in a milk bun with cheese, tomato, lettuce, pickled onions, gherkins and tomato relish served with a side of potato chips + Crispy Bacon 2

CHICKEN SCHNITTY BURGER / 18

Brioche, crumbed chicken, double cheese, tomato, caramelized onion, lettuce, avocado and relish mayo served with potato chips. (Vegetarian and Keto options available, please ask)

FISH & CHIPS / 25

Beer battered or grilled fish fillets served with potato chips, garden salad, lemon, and tartare sauce

CHICKEN PARMIGIANA / 23

Crumbed chicken breast, ham, mozzarella, tomato sugo, potato chips and garden salad.

Pasta

RIGATONI RAGU / 19

Rigatoni in a tomato sugo with braised tender beef topped with shaved parmesan.

SPAGHETTI ROSE / 21

Spaghetti in a rose sauce with Italian sausage, tomato, spinach, spring onion, garlic and Bippi chili.

PENNE VERDE / 22

Penne in a creamy white wine pea puree sauce with chicken, asparagus, spring onion, and garlic.

Salads

ROAST VEGGIE SALAD (VEG / GF) / 16

Baby spinach with roasted pumpkin, roasted capsicum, roasted eggplant, and haloumi with a basil pesto dressing + Grilled Chicken 5

CAESAR SALAD (GFO) / 19

Grilled chicken with cos lettuce, crispy bacon, poached egg, shaved parmesan, and croutons in a mayo dressing + Anchovies 1.5
GFO: Ask for no croutons!

TUNA SALAD / 18

Sirena tuna, cos lettuce, cherry tomatoes, red onion and bocconcini with a balsamic and olive oil dressing

Sides

GARLIC BREAD (3) / 10

BOWL OF POTATO CHIPS / 8

WEDGES // Served with sweet chili and sour cream / 11

GARDEN SALAD / 9

MEET EAT DRINK

VEG: Vegetarian VO: Vegan Option
GF: Gluten Free GFO: Gluten Free Option

GLENUNGA 8338 4033 BRICKWORKS 8443 4352
GOLDEN GROVE 8289 2001



EST 1978
TONY & MARK'S
A FAMILY TRADITION